

Beauty & Wellness

To be booked directly with Christine Schultz, telephone number Tel. 0 65 67 / 96 61 95 or 0 65 71 / 26 54 22



Facials

Classic Facial ca. 75 min. 75,- Euro

Cleansing, Peeling, correction of eyebrows, removal of skin impurities, facial and décollete massage, facial mask.

Luxury Facial ca. 75 min. 99,- Euro

As with Classic Facial, with the use of high-quality special products with strong energising and lifting effect, like for instance ampoules and fleeces.

Ongkara – Balinese Facial ca. 75 min. 84,- Euro

The facial masks –Besakih Lulur and Kintamani– are traditional Balinese facial peellings. The warm chocolate mask, enriched with orchids, oranges and vanilla, gives an opulent feeling of the senses. The climax is a massage with crystals together with individually chosen facial oils.

Power Facial ca. 90 min. 119,- Euro

Highly effective Hyaloronacids and soft ultrasonic waves together with coloured light and micro-dermabrasionpeeling act against signs of the time and help to rejuvenate the skin.

Body Treatments

Classic Back Massage ca. 25 min. 33,- Euro

Part Body Massage ca. 40 min. 49,- Euro

Complete – Body Massage ca. 55 min. 69,- Euro

???? – Body Massage ca. 60 min. 75,- Euro

Hot Chocolate Massage ca. 45 min. 60,- Euro

Let yourself be tempted...The very best from precious cocoaobean combined with exclusive Sheabutter will conjure up a velvety feel to your skin. This treatment leaves you feeling pampered, it is lifting and firming and gives you a feeling of harmony both inside and outside.

Lulur-Yoghurt-Fruit-Massage ca. 45 min. 65,- Euro

Hot-Stone-Body-Massage ca. 90 min. 98,- Euro

Hot-Stone-Part-Body-Massage ca. 45 min. 58,- Euro

Hot-Stone-Back-Massage ca. 25 min. 39,- Euro

A very special massage technique with hot stones and valuable aromatic oils will give you a wonderful feeling.

Massage with hot or cold precious stones ca. 60 min. 79,- Euro

Hildegard von Bingen taught us already the working of precious stones. Experience yourself how a massage with precious stones will balance you.

Balinese Lotus-Crystal-Massage ca. 75 min. 89,- Euro

With a traditional lotus-crystal-massage with special precious stones your energy flow will be got going again from top to toe.

A wonderful massage with warm lotus oil and the special balinese massage technique will top this treatment.

Chakra-Balance-Massage ca. 90 min. 98,- Euro

This treatment in particular regenerates our energy system. The usage of Aura-Soma-Colour-Oils, Fragrance Pomander, Precious Stones and Reiki, will unify and balance body, soul and spirit.

Pantai Luar Body Massage ca. 60 min. 98,- Euro

Pantai Luar Part Body Massage ca. 30 min. 58,- Euro

"Let's go to new shores" is the literal translation of this treatment technique, which has its origins in East Asia. It combines the knowledge of this culture in relation to complete healthcare and skin care. Freshly made fruit stamps of limes, cocos, a herbal mixture and warm oils will get the regenerating system of your body going again.

Tibetan Massages

Salt from the Dead Sea, Stones from the Himalaya and essences from distinguished plants and herbs. Revitalising, cramp dissolving, energising and restoring the lymphatic flow.

Tibetan Back Massage ca. 25 min. 39,- Euro

Tibetan Complete-Body Massage ca. 50 min. 79,- Euro

Tibetan Intensive Massage ca. 75 min. 98,- Euro

Pure Joy of Life Our Ayurveda Treatments

Abhyanga – Ayurveda Complete Body Massage ca. 80 min. 98,- Euro

Submerge into the ayurvedic complete body massage. Everyday life disappears and in the newfound peace you will find the opportunity to make contact with yourself. It is the contact with the inner self which makes this massage to a very special event. You will be more aware of your body and will feel rejuvenated both inside and out, more mobile and happier.

A Udvarthana, a Sandalwoodpeeling can be added to this treatment if desired. altogether 108,- Euro

Abhyanga Synchronised Ayurvedic Massage with Four Hands ca. 50 Min. 119,- Euro

Shirodhara – Oil Flow Treatment on the Third Eye ca. 60 min. 85,- Euro

Beginning with a head-, shoulder- and neck massage, valuable oils will be poured in a slow flow on the third eye, with a ritual finish. This oil flow is a very special happening, releasing inner peace and harmony and eliminating stress and anxiety.

Upanahasveda – Ayurvedic Back Massage ca. 60 min. 75,- Euro

Let strength flow again through your spine. After a surprising massage your back will be wrapped in warming herbal poultices.

Abhy-Dhara ca. 2,5 hrs. 159,- Euro

A superb complete- body massage followed by a royal oil flow treatment on the third eye. This extraordinary treatment will be concluded with a soft foot massage.

Mukabhyanga – Ayurvedic Facial ca. 40 min. 69,- Euro

Your face, as the mirror of your soul, will show you how you feel. Show your true face, it does not need to hide itself any longer. A special massage technique treating Breast, Décollete, Face and Head, will set your spirit free and will enchant your face. Experience the feeling of warm oil touching your body.

Dhara- Body Treatment – The absolute relaxation – ca. 45 min. 79,- Euro

Massage with special oil flows over Stomach, Back or Heart.

Padabhyanga – Ayurvedic Foot Massage ca. 30 min. 39,- Euro

This Ayurvedic Foot massage is more than just a treatment of the reflex zones of the foot. A rubbing with ointment and washing of the feet together with specific pressure, will bring you back to the here and now, so that you will again feel the ground under your feet.

Time for yourself – time for harmony

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Silk Gloves Massage

ca. 25 min. **39,- Euro**

This massage with gloves made from natural raw silk, acts as a complete- body massage. It cleanses, stimulates and rejuvenates.

Massage with Bowls

ca. 30 min. **45,- Euro**

The combination of the wonderful sounds of the bowls massages your soul and will bring you inner peace.

Hamam Treatments

Let us take you into the world of 1001 nights and enjoy this original oriental cleansing ritual.

Free yourself from the pressure of everyday life and let your body and soul shine anew!

Far East Encounters

ca. 45 min. **55,- Euro**

Rasul Steam Bath, Silk Gloves Peeling, with water pourings on the warm Hamam Stone.

Magic of the Orient

ca. 80 min. **98,- Euro**

Like Far East Encounters, in addition to a wash and massage with soapfoam, on the warm Hamam Stone.

Grand Vesier

ca. 2,5 hrs. **145,- Euro**

Like Magic of the Orient, in addition to oil massage. Included are Tea, a Silk Glove and a Pechtamal (Oriental Sauna towel) for re-use.

Special Partner Programmes

Being treated together has a special flair. Prepare yourselves for sensuality!

Dreamtime for two

per person **109,- Euro**

Detoxing in the Rasul, relaxing in the Dreambath with scented essences of Lotus and a glass of Sekt. Have a rest together on the Cuddling Bed and enjoy a joined part-body massage afterwards.

Dreambad

ca. 60 min. per person incl. a drink **39,- Euro**

Do you feel like spending time together...? Then relax together with your partner in our Dreambath, drinking a glass of Sekt. Scented essences surround your body and afterwards you are invited to spend some time in the Cuddling Corner.

Lulur Ceremony

ca. 3,5 hrs. per person **195,- Euro**

Lulur is an age old wedding ceremony. An extended wellness treatment with exotic spices, fruits rich in vitamins and nurturing yoghurt. Experience a new dimension of relaxation and care.

Beauty Programmes

Balinese Tempel Magic

Have a very special relaxing journey to Bali. The island of the Gods, the tempels and the dream beaches. Warm oils, enriched with aroma's of Balinese blossom and specially selected precious stones like crystal, quartz and blue calcit enfold your body. These products are prepared according to original Balinese recipe's. This programme includes a Ongkara Facial. This is a traditional Balinese facial. Enjoy a dreambath with revitalising bath salts from algae, vitamins and trace elements. After a complete- body peeling you will feel like newly born. After a traditional Lotus-Crystal-complete- body massage with specially selected precious stones, your energy will be stimulated from top to toe. An exquisite massage with warm oils and special Balinese massage technique will crown this treatment.

210,- Euro

Vulcanic Beauty Days (3 days)

275,- Euro

Rasul, Hydrojet followed by a precious stone foot massage, body peeling, hot stone complete- body treatment and facial.

Beauty Weekend

150,- Euro

Rasul, complete- body peeling followed by a rub with warm oil on the Hamam, an intensive facial and wellness treatment for the hands.

Gent's Day „Adonis“

120,- Euro

Rasul, Pantai Luar complete- body treatment

Chocolate Day

155,- Euro

Complete body peeling, hot chocolate complete body massage, facial with chocolate-oranges-mask

„Bali“ Luxury Day

ca. 2,5 hrs. **185,- Euro**

Footbath with foot massage, Lulur rub - a soft peeling with massage experience, body mask with energising exotic herbs, Lulur complete- body massage with the best ingredients from yoghurt and fruit, followed by a Hydrobath.

Special Treatments

Rasul

28,- Euro

The age old knowledge of the Orient with regard to health- and skincare is incorporated in Rasul. The secret lies in the composition of the elements of Fire, Water, Earth and aromatised Air. In this Steambath, which is especially sympathetic to your circulation, natural healing soil is used to detoxify the skin. Families especially enjoy using the Rasul.

Medical Wellness-Hydro Therapy

28,- Euro

Medical Wellness is a medical tub with full automatic underwater massage. This treatment will become a super delight due to the various bath ingredients and the integrated coloured light therapy.

Salt Oil Peeling

ca. 30 min. **39,- Euro**

with oiling of the body

Consultations

Aura-Soma Reading

up to 60 min. **75,- Euro**

This is a consultation using colour therapy. From an assortment of various, mostly two-coloured bottles, you choose the four bottles that appeal to you the most. This choice represents the mirror of your soul. With the help of the language of colour the consultant will explain the meaning of the chosen bottles with regard to your personality. The consultant will explain also the gifts and potential Life has given you. You recognise the obstructions and blockades that accompany you, experience the "Now" situation and the possibilities of opening out your personality. Aura-Soma is a therapy for your soul chosen by yourself. Surprise yourself!

Attention, please!

Our Wellness department is much loved and regularly booked full. When reserving your room, please let us know your wishes as regards to treatments and times so that we can accommodate them.

Time for yourself — time for your soul

Information



Freely available: Tenniscourt with artificial turf and quartz sand, which protects the joints; New Swimmingpool (ca. 30°C), Bio-Sauna, Steambath, Tecaldarium, Outside Sauna in Lake, Silence Rooms, Rowing Boat, Fishing in own Lakes, 4 Small Lakes and River (fishing licence necessary) Childrens' Play Area, Nordic Walking; individual training with a professional Personal Coach possible (extra charge).

Furthermore: Treatments in our Wellness Oasis, Mountainbike Rental, BBQ evenings, Wine and Spirits Samplings, 250 km. Walks in unspoilt Nature, Guided Walking Tours with Picknick, Walking Tours with Torches.



New Swimming-pool



New Sauna on pillars in Swimming Lake



In the immediate surroundings there are plenty of exiting destinations. Worth mentioning and very special are the "Eifelmaare" (vulcano lakes) some of them with swimming possibility. Close by is the Kloster Himmerod - to reach by a magic path (ca. 1,9 km).

Other destinations: Fortresses of Manderscheid, various Wildlife Parks, Clock Foundry, various Musea (the Maarmuseum is a must), Geological Excursions, Trier (oldest city in Germany), Luxemburger "Switzerland", Bitburg - the beer town with Fun Bath, Valley of the Mosel, etc. etc.



Wir empfehlen folgende Anfahrtsmöglichkeiten:

Von Köln kommend:

Euskirchen - Blankenheim - Prüm - A60 Richtung Trier - Ausfahrt Spangdahlem - Richtung Manderscheid bis Eisenschmitt - Ortsteil Eichelhütte.

Von Koblenz kommend:

A48 Richtung Trier - Ausfahrt Manderscheid - 3x rechts abbiegen über Laufeld, Großlittgen - hier links und nach 50 m wieder rechts über Himmerod nach Eichelhütte.

Von Saarbrücken und Trier kommend:

Autobahn A1 Richtung Koblenz - Autobahnkreuz Wittlich - A60 Richtung Bitburg - Ausfahrt Spangdahlem - Richtung Manderscheid bis Eisenschmitt - Ortsteil Eichelhütte.

Von Aachen, Belgien u. Niederlande kommend:

Über Maastricht - Vervier - St. Vith - A60 Richtung Trier - Ausfahrt Spangdahlem - Richtung Manderscheid bis Eisenschmitt - Ortsteil Eichelhütte.

Von Luxemburg kommend:

Echternach - Bitburg - B 257 nach Oberkail - 5 Kilometer Richtung Wittlich - Eichelhütte
oder Autobahn A64 zur A1 Richtung Koblenz - Autobahnkreuz Wittlich - A60 Richtung Bitburg - Ausfahrt Spangdahlem - Richtung Manderscheid bis Eisenschmitt - Ortsteil Eichelhütte.

Time for yourself — time for Nature